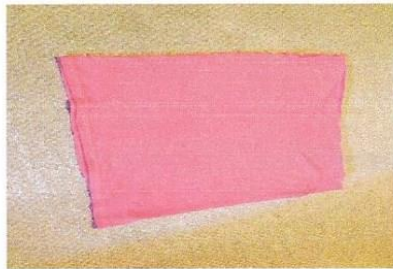


## T-SHIRT SKIRT or SKIRT made from a MEN'S T-SHIRT

This simple skirt is made from an adult t-shirt and will fit a 10 – 14 year old girl. It is best to use an adult shirt that is size medium or larger. Larger shirts work best.

1. Lay t-shirt flat. If the shirt has a design that will not work for the skirt, turn it inside out in order to put the design on the inside.
2. Cut the arms off of the t-shirt and cut horizontally across the shirt, just below the neck. You should have a rectangle. It is best if the rectangle is 25" or longer. This will insure that the skirt is long enough for the recipient, regardless of her height. If the skirt is too long, the girl can simply make it shorter by rolling under the elastic waistband.
3. Lay the shirt so that the right sides are together and sew a  $\frac{5}{8}$ " seam up both sides of the shirt. You will sew from the bottom of the shirt to the top. This will sew up the armholes and even up the skirt on both sides.



4. Turn under one inch on the top edge of skirt. Stitch, leaving a one inch opening in which to insert the elastic.
5. Insert 27" length of elastic into the casing. ( $\frac{3}{4}$ " wide elastic works best.) Stitch the edges of the elastic together. I do not close this opening but put a safety pin there instead. This enables any girl to wear the skirt. If it is too wide for her, she can simply tighten the elastic by pulling it through the opening. It can be secured with the attached safety pin.
6. Turn under one inch at the bottom of the skirt to form a hem. Stitch. You only need to do this if you turned the shirt inside out. If you did not turn it inside out, the hem of the skirt will simply be the hem of the shirt.

