

STUNTING YOUR SPIRITUAL GROWTH

HEBREWS 5:11-14

Hebrews 5:11-14 We have a great deal to say about this, and it's difficult to explain, since you have become too lazy to understand. Although by this time you ought to be teachers, you need someone to teach you the basic principles of God's revelation again. You need milk, not solid food.

Now everyone who lives on milk is inexperienced with the message about righteousness, because he is an infant. But solid food is for the mature—for those whose senses have been trained to distinguish between good and evil.

What are some of the areas in your life that may be stunting your spiritual growth?

Ephesians 4:11-16 And He personally gave some to be apostles, some prophets, some evangelists, some pastors and teachers, for the training of the saints in the work of ministry, to build up the body of Christ, until we all reach unity in the faith and in the knowledge of God's Son, growing into a mature man with a stature measured by Christ's fullness.

Then we will no longer be little children, tossed by the waves and blown around by every wind of teaching, by human cunning with cleverness in the techniques of deceit. But speaking the truth in love, let us grow in every way into Him who is the head—Christ.

**From Him the whole body,
fitted and knit together by
every supporting ligament,
promotes the growth of
the body for building up
itself in love by the proper
working of each individual
part.**

1. Lack of knowledge

2 Timothy 2:15 Be diligent to present yourself approved to God, a worker who doesn't need to be ashamed, correctly teaching the word of truth.

**Psalm 119:11, 105 I
have treasured Your
word in my heart so
that I may not sin
against You. Your word
is a lamp for my feet
and a light on my path.**

So what do I do?

- 1. Read the Bible**
- 2. Read other spiritually
engaging material**
- 3. Reach out to a
mature believer for help**

2. Lack of enthusiasm

“The greatest indictment of many believers is not that they are falling short of the mark, but that they have stopped shooting for it.”

**We have become
complacent and
apathetic toward
spiritual matters.**

**Revelation 2:4 But I
have this against you:
You have abandoned
the love you had at
first.**

So what do I do?

**Find someone with a
contagious enthusiasm
and get around them.**

3. Lack of accountability

**Proverbs 27:17 Iron
sharpens iron, and one
man sharpens another.**

**Who in your life has the
ability to say what
needs to be said?**

**“Lone Ranger”
Christians**

Can not make it!

So what do I do?

**1. Find a spiritually
engaged friend who
you trust**

2. Be honest

Proverbs 13:10

**Arrogance leads to
nothing but strife, but
wisdom is gained by
those who take advice.**

4. Lack of wonder

“Count Your Blessings”

Have you become so accustomed to the ways in which God works that you have lost sight of just how majestic He is?

“If the stars came out only once a year, everybody would stay up all night to look at them. Since they come out every night, we soon take them for granted.”

Ralph Waldo Emerson

**Isaiah 40:25 “Who will
you compare Me to, or
who is My equal?”
asks the Holy One.**

So what do I do?

1. Take time to smell

the roses

2. Notice the little

things

Lack of knowledge

Lack of enthusiasm

Lack of accountability

Lack of wonder

